

Revolving Multi Exerciser Bar, Ergo Grips-FE075

Description	◆ Ideal for seated rows, triceps press-downs, bicep curls and more.
	This solid-steel, chrome-finish bar is uniquely designed, with deep chest clearance for optimum lat workouts.
	Features two pairs of contoured, knurled urethane rubber grips for a
	comfortable, no-slip hold, a free-moving center swivel for smooth, uninterrupted motion, and rubber safety ends to protect floors and
	equipment from scratches and help prevent injuries.
Dimensions	-

